

Spring 2017

Tucker Hockey

Programs that Deliver Results

**Register
Today!**

**19th
Annual**

Elite

Power Skating/Conditioning Camp

This program is for players who are serious about taking their skating to the next level

A Power Skating Curriculum Consisting of:

- Extreme Forward and Backward Edge Control
- Foot Speed/Acceleration/Quickness
- Forward Striding - Technique & Speed
- Backward Striding - Technique & Speed
- Skating Agility & Mobility Drills
- Drill Progressions Without - To - With Pucks

**** Register Early - Spaces Fill Quickly! ****

Group 1

Atom Div 1, 2 & 3

Pewee Div 1, 2 & 3

Saturdays, April 8th to June 24th

Henry Viney Arena

10:45 to 11:45 AM

(No Session April 15th & May 20th)

Group 2

Bantam Div 1, AA & AAA

Midget Div 1, AA & AAA

Saturdays, April 8th to June 24th

Henry Viney Arena

12:00 to 1:00 PM

(No Session April 15th & May 20th)

**Only 20 Spots
Available**

Register and Pay online at
www.tuckerhockey.com
or call **Tucker Hockey** at
403-998-5035



Testimonial

"Our son did the Elite power skating for a week this summer. This is a great program! He has always hated power skating and he wasn't looking forward to the program but he really enjoyed it. The kids worked hard and had terrific instruction. He said that was the best camp he has ever been to and he learned a lot."

Sherry and Owen Malmberg, Parents to Kyle

(Carseland, AB)

\$499 New Participants / \$479 Past Participants

S.A.M. - Stability, Agility and Mobility

Improve your quickness and speed with and without the puck!