

Introduction to Checking

Tucker Hockey

Programs that Deliver Results

Only 20
Spots

Summer Checking Programs

Group 1: Pee wee / Bantam

Monday, August 14th to Friday, August 18th

8:45 to 10:00 PM

Southland Arena

**SAFETY
FIRST!**

19th
Annual

Group 2: Pee wee / Bantam

Tuesday, September 5th to Friday, September 8th

6:00 to 7:00 PM Arena TBD in June 2017

\$329 New Participants / \$299 Past Participants (5 Sessions)

\$239 New Participants / \$209 Past Participants (4 Sessions)

Our Introduction to Checking Programs:

- Checking is aimed at gaining possession of the puck, not injuring an opponent
- The purpose of this program is to introduce players to proper techniques and tactics to give as well as how to receive a body check
- The program covers a list of checking "Do's and Don'ts", emphasizing "**SAFETY FIRST**"
- This includes a 5 step progression from the basics to skating, to position angling, to stick checking, to body contact/confidence to body checking
- Player to Instructor Ratio is 5 to 1



Includes GST

Testimonial

My son was very worried about the body contact coming in Bantam. Their contact camp provided him with all the tools he needed to come out a more confident player. He is ready for the upcoming season! We tried a different camp through a different company, and it didn't even come close to this one. Highly recommend this for any nervous Bantam players out there.

- Jasmine Stone, mother to Daylen

Register and Pay online at
www.tuckerhockey.com

For More Information call **Tucker Hockey** at
403-998-5035

Register Today - Programs Fill Fast!