

**19th
Annual**

Winter 2017 Tucker Hockey

Enhanced

Programs that Deliver Results

ADULT RECREATIONAL PROGRAMS

Level 101

This Power Skating / Player Development Program focuses on the technical skills of skating, puck control, passing, and shooting. This program is weighted 60% on power skating with the remaining 40% of the program devoted to hockey skills. It is ideally suited for the recreational hockey player who wishes to improve his or her skills. (10 Sessions)

Group 1: Father David Bauer
Sundays, Jan. 22nd to Mar. 26th
9:45 to 11:00 PM

\$479 New Participants/\$439 Past Participants

Group 2: George Blundun
Wednesdays, Jan. 18th to Mar. 22nd
7:00 to 8:00 AM

\$479 New Participants/\$439 Past Participants

Level 201

This Technical Skills and Tactical Player Development Program builds on the skills taught in Program 101 plus will introduce individual offensive and defensive tactics as well as team tactics. This program is ideally suited for the recreational hockey player wishing to improve their technical skills as well as learning more about playing the game. (10 Sessions)

Group 1: Stu Peppard
Fridays, January 20th to March 24th
12:00 to 1:00 PM

\$479 New Participants/\$439 Past Participants

Specialty Clinics

Puck Control: Will cover proper techniques for handling the puck, as well as stationary and moving stickhandling, stick fakes, deking, toe drags, puck protection and keep-away.

Puck Control
Wednesdays; March 1st to 22nd
10:15 to 11:30 PM
Henry Viney
(4 Sessions)

\$249 New Participants/\$229 Past Participants

TOP 5 REASONS TO ATTEND:

- **Fitness and Fun**
- **Improve Skating and Hockey Skills**
- **Pass on New Drills/Teach Points to your kids**
- **Reduce your stress/reward yourself**
- **Step all over your Hockey Buddies!**

**Register and Pay
online at
www.tuckerhockey.com**

**For Inquiries contact
Tucker Hockey at
403 - 998 - 5035**

**Great Buddy
Referral Program!**



****Drop In Fee: \$60 Per Session ****

Improve Your Hockey and Skating Skills!